

### Welcome to

## Lenawee's CHILD

communities helping to increase learning and development





## About Us



### Your Child was born to learn

As a parent, you are your child's first teacher and your home is your child's first classroom.

Your baby begins learning at birth. Brain growth and development happens more rapidly during the first five years of life than at any other time. Lenawee's CHILD, using the Parents as Teachers curriculum, can help you lay a strong foundation for your child's future success in school and life.

We can help every child take advantage of this window by nurtuing, comforting, and

stimulating active, developing brains!

### USD Program

lenawee's CHILD (IC) is a program of the lenawee Intermediate School District (IISD) and is offered at no cost to parents of children birth to five years of age and living within lenawee County.

LC offers personalized visits using the Parents as Teachers curriculum, developmental screenings, interactive playgroups, parent workshops and lending libraries.

#### A bit about me!

Favourite colour: burgandy Favourite animal: birds, dogs

Favourite drink: water

Favourite subject: early childhood

When i'm not at school you might find me....

At the beach, doing arts & crafts, spending time with my loved ones, cooking and gardening.

# Cathy Harris

My name is Mrs. Cathy and I've been a parent educator for 25 years. I look forward to spending the year ahead with you all.



Should you have any questions or concerns, please feel free to contact me at:

cathy.harris@lisd.us or 263-6354



## Elements



### Personalized Visits

Personalized visits allow certified parent educators to individualize the Parents as Teachers (PAT) program for each family and child. Personal home or regional site visits are scheduled monthly and last approximately 60 minutes. Child development and child rearing information is provided during each visit and parents are encouraged to use the information in their own family in their own way. Parent Educators help parents to trust themselves, to trust what they know, and to trust their judgment when parenting their parents to trust themselves, to trust what they know, and to trust their judgment information specific to child. Parents enrolled in the program will develop a foundation of child development information specific to their own child and can make informed decisions about their child rearing practices.

#### lending library

Books bag and toy backpacks are available for checkout to encourage families to read and play at home.

#### Parent Workshops

Parent Workshops and parent/child activities where you can join with other parents as you discover more about your child's development.

Some popular sessions include infant massage, messy nights, tons of trucks and literacy events.

### Developmental Screenings

Developmental screenings offer parents a quick and effective way to look at how their child is learning and growing in the areas of health, vision, hearing, communication, physical development, problem solving and social/emotional development. Screenings also provide parents with information on the individual growth of their child and the early detection of potential delays that may affect later learning. If the screening indicates an area of concern, further evaluation for a child will be recommended.

# Activities

### PLAYGROUPS

Playgroups provide a variety of play centers, including fine and gross motor, dramatic play, art, infant area, block, and sensory. Many playgroups begin and end with a circle-time, where we sing, have story time, or work on group activities that are meant for working together for our cooperating and socialization skills.

For children, a playgroup is a time to play with their parent. It's also a chance to try out a new social setting with the security of parents close by. Playgroups can be an introductory preschool experience. For parents, it gives you an opportunity to meet and talk about parenting experiences and/or issues with other parents while staying close to your child teaching him/her a nice way to play and make friends. Plus, Ms. Cathy will be at each location to answer questions on parenting and early childhood topics.







Our playgroup is specifically created for families with children birth to five years old. These playgroups provide developmentally-appropriate activities as well as offer children early social experiences, practice with transitions, and an opportunity to participate in circle time activities. Parents appreciate the benefits of friendship and support. Celebrations will meet weekly.